

How to fit TENA

TENA Slip

 \sim When exchanging while lying down \sim

You can watch the how-to-fit movie here.



Prepare



Spread the pad.

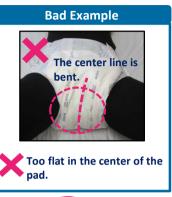


Fold the pad in half vertically.





It will be a three dimensional shape.





Fitting



Insert the folded pad between the legs. (tape side is in the back)



Bring the pad close to the base of the legs, and make the balance back and front even.



Spread the pad from the bottom of the hips and align the center line with the spine.



Put the taped side on the lower side under the body, and lie on back



Pull the tape that insert in No.4 from the other side, and widen the edge of the pad.



Make the balance left and right even.



Keep the pad folded in half and extend the pad toward the feet to eliminate sagging.



Bring the pad close to the base of the legs, peel off the tape, and carefully align it with the groin.



Spread the pad, and wrap around hip.



Fasten the bottom tape.



Fasten the upper tape diagonally downward